HLTEN508B
Apply reflective practice, critical thinking and analysis in health

Learner resource
Version 2

Training and Education Support
Industry Skills Unit
Meadowbank

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Section 1  Foundations of nursing practice

The International Council of Nurses (ICN) defines nursing as:

"Nursing encompasses autonomous and collaborative care of individuals of all ages, families, groups and communities, sick or well and in all settings. Nursing includes the promotion of health, prevention of illness and the care of ill, disabled and dying people. Advocacy, promotion of a safe environment, research, participation in shaping health policy and in patient and health systems management and education are also key nursing roles.”

http://www.icn.ch/about-icn/icn-definition-of-nursing/

In this topic you will undertake research activities related to nursing organisations, nursing theorists and models of care that underpin foundations of nursing practice.

Activity 1

Access the internet and identify three (3) regulatory bodies within the nursing profession. Describe the role of each of these bodies and their impacts on nursing.

The Australian Nursing and Midwifery Council (ANMAC) is a peak national nursing body concerned with national standards and processes for the regulation of nursing.

The Australian Nursing and Midwifery Council has developed the ANMAC National Competency Standards for the Registered Nurse and the Enrolled Nurse, the Code of Ethics for Nurses in Australia and the Code of Professional Conduct

www.anmac.org.au

The Nursing and Midwifery Council of New South Wales is a statutory body that was established in July 2010 under the Health Practitioner Regulation National Law (NSW). The Council manages complaints and notifications about the conduct, performance or health of nursing and midwifery practitioners and students. The Nursing and Midwifery Council is not responsible for the registration of health practitioners or students.  http://www.hPCA.nsw.gov.au/Nursing-and-Midwifery-Council/Home/Home/default.aspx

All registration matters for NSW are managed by the NSW office of the Australian Health Practitioner Regulation Agency (AHPRA)
Activity 1 (continued)
The History and development of the modern profession of Nursing

‘Nursing education has undergone a dramatic transition within the last 25 years. For a long time before that, the task of educating nurses remained with hospitals, and was more like an apprenticeship than a formal education. Responsibility rested with the Minister for Health, at state level. From this system, the Nurses Registration Board emerged as the statutory authority within NSW.

Since July 2010 a new national health professional regulatory scheme has been in place. Nurses and midwives are now registered to work in Australia by the Nursing and Midwifery Board of Australia (NMBA) and education standards for nursing practice and are monitored by the Australian Nursing and Midwifery Accreditation Council (ANMAC).’

http://sydney.edu.au/nursing/about_us/our_school/our_history.shtml

Activity 2

The history and development of the modern profession of nursing
Access the CINAHL database via the TAFE Library web site and read the article, ‘Scope of Practice conflict in nursing: A new war or just the same battle’ (Eagar et al, 2010). Outline the challenges nurses face with the ongoing professionalism of nursing.
Activity 3

Nursing theories

Nursing theorists such as Henderson, Roper, Orem, Watson, Gordon and Pepalau discuss general theories of what nurses do, why they do what they do, who does what and how they do what they do.

Identify three (3) nursing theories relevant to the role of the enrolled nurse/endorsed enrolled nurse. Briefly outline the different models of care (for example team, functional, client, assignment, primary nursing, transcultural nursing) in these theories. Use examples to support your explanation.

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Activity 3 (continued)
**Activity 4**

**Contemporary issues**

Choose one (1) contemporary issue from the list below and discuss its impact on clients and the health care environment.

- Sentinel events: an event in which death or serious harm to a client has occurred (www.health.gov.au)
- Changing workforce, e.g. ageing, shortage
- Technology, e.g. stem cell research
- Multi resistant organisms and their impact on health care delivery
- Political, social or economical issues in health
- Changing models of care
- Changing education of the Enrolled Nurse/Division 2 Nurse.